

Osho Humaniversity is an international center for personal growth, therapy, spirituality, professional development, and the training of therapists. It was founded in 1978 by Veeresh D. Yuson-Sánchez, and is based in Egmond aan Zee, on the North Sea coast in the Netherlands.

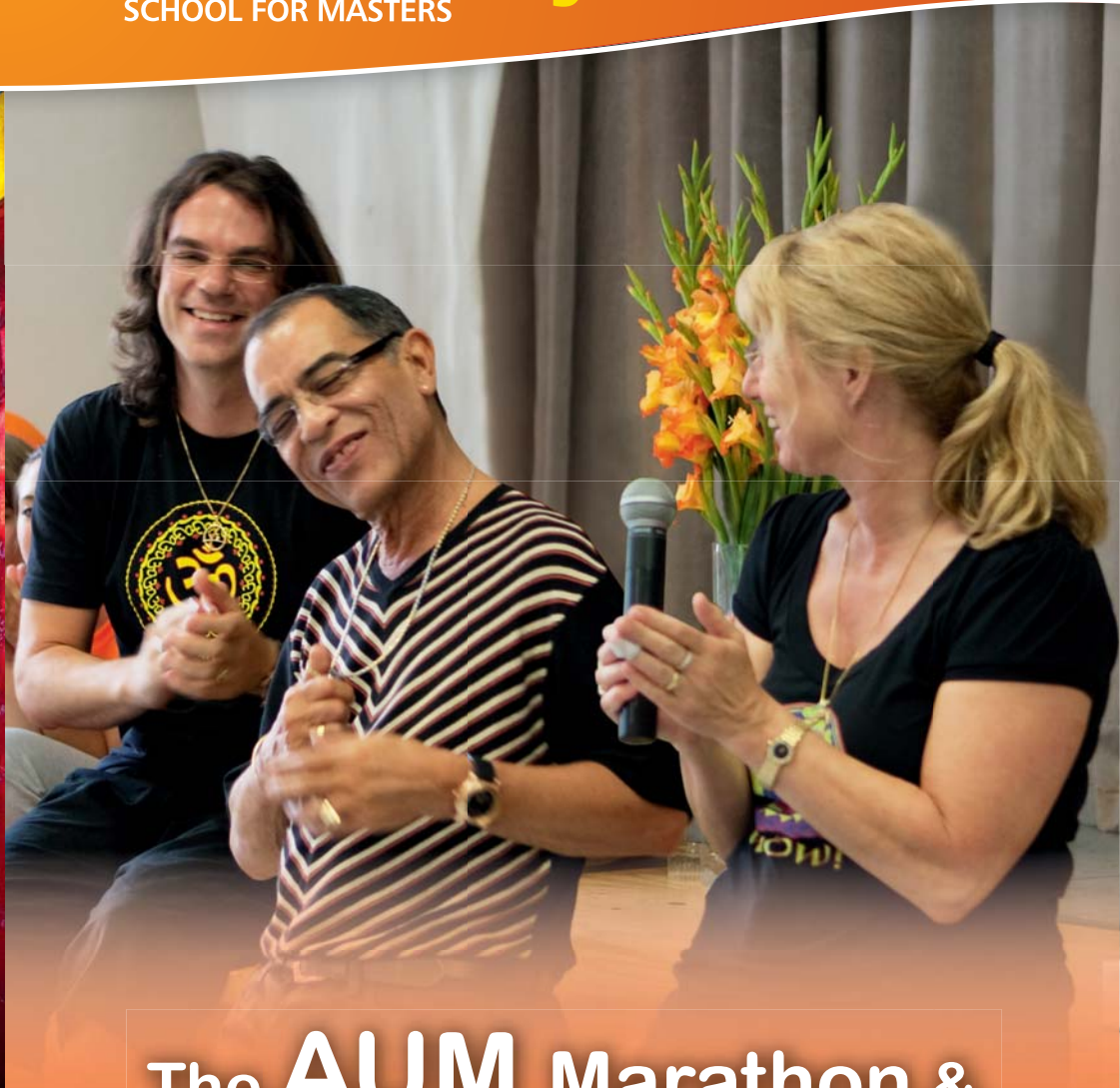
The philosophical aim of the Osho Humaniversity is 'Working with People for a Better World'; a goal which the institute teaches by providing

extensive and intensive experiential education – the combination of emotional awareness and wisdom, and objective, practical information. This takes place in a dynamic communal living environment with a high level of social interaction.

The Osho Humaniversity has several affiliated centers throughout the world, including UK, Sweden, Italy, Canada, and Israel.



Osho Humaniversity, Dr. Wiardi Beckmanlaan 4, 1931 BW Egmond aan Zee, The Netherlands
+31 (0) 72 506 4114, info@humaniversity.nl, www.humaniversity.com



The AUM Marathon & AUM Leader Training

awareness understanding meditation



“The AUM Meditation is a social process to help you discover who you are by exploring the full range of your emotions. It will help you transform stress into creativity and well-being. The goal is to make friends with yourself and others.” – Veeresh, Founder



AUM Marathon with Geetee & Isha

The AUM Marathon is a 5-day intensive workshop with captivating action, exhilarating fun and stimulating education led by Geetee & Isha.

During the AUM Marathon you can expect the unexpected. Geetee and Isha will take you on a journey from darkness to light, from isolation to connection, and into your aliveness and joy. The AUM Marathon leaves you feeling complete with yourself and your environment.

This is the workshop originally given to Veeresh by Osho, and has been developed for over 30 years. It features an ‘extended time’ format designed to squeeze as much living and loving as possible into every 24 hours!

March 29 - April 4, 2018

Thur 19.30 – Wed 15.00

€ 990 incl. food & accommodation

Working with People with Geetee & Yogini

This course is designed for anyone who wants to learn first-hand about themselves and what it means to care for others. Learn that when working with people, love is the only position to take.

October 24 - 31, 2018

Wed 19.30 – Wed 21.00

€ 1,230 incl. food & accommodation



Geetee



Isha



Yogini



AUM Meditation Leader Training Chandrika & Prem Jan



Video Feedback

The Humaniversity AUM Meditation is the most famous social meditation created by Veeresh. It is a 2 ½ hour self-awareness & encounter process designed to release stress and pent-up feelings in order to create more clarity and well-being within yourself and with others.

The first part of this intensive training consists of the AUM Marathon in March or the Working with People in October (see left page). With this experience you will have a better understanding of yourself and others when being a leader. The second half of the course will be a hands-on training including standards and ethics, presentation skills, video and peer group feedback, handling emergencies, promotion and highly personal coaching. You will also practice leading the AUM yourself.

Upon successful completion of the training you will receive an AUM Leader Diploma which entitles you to lead the AUM Meditation anywhere in the world.

March 28 - April 11, 2018

Wed 19.30 – Wed 21.00 (14 days)

€ 2,180 incl. food & accommodation

October 23 - November 8, 2018

Tue 19.30 – Thur 21.00 (16 days)

€ 2,490 incl. food & accommodation

“Come and join our circle of over 700 AUM Leaders world-wide.”

*Chandrika
AUM Leader Trainer*



Session



Chandrika



Prem Jan